

# SPECIALIST BREAST CENTRE

Rapid and Direct Access 01 885 8294  
breastcentre@materprivate.ie

**Symptomatic Breast Disease.**  
**Direct Access Symptomatic and Routine Patients.**  
**All care co-ordinated under one roof by multi-disciplinary team.**

## Triple Assessment Clinics

- Consultant Surgeons and Radiologists affiliated with National Breast Screening Programme
- Consultant Delivered and Led Care
- Dedicated Breast Care Nurses

## Daily Imaging Clinics

- Digital Mammography
- High Resolution Ultrasound
- Interventional Breast techniques
- Breast MRI



## REFERRAL CRITERIA

### Urgent Referrals

- High suspicion of breast cancer at any age
- Discrete breast or axillary lump
- Ulceration/erythema/oedema
- Skin nodule
- Nipple eczema
- Recent nipple retraction/distortion
- Blood stained nipple discharge
- Suspected breast abscess

### Non-Urgent Referrals

- Clinically benign breast lump
- Asymmetrical nodularity
- Pain not responding to simple measures
- Nipple discharge that is not blood stained

## REFERRAL PROCESS

### GP Referral required

- Referrals using form on the reverse or by letter via fax, email, post or HealthLink
- Referrals triaged and patients offered appointments in line with recommended guidelines
- Patients with high suspicion of breast cancer should be referred for Triple Assessment

# Specialist Breast Centre - Referral Form

Specialist Breast Centre, Mater Private Hospital, Eccles St., Dublin 7  
T: 01 - 885 8294 | F: 01 - 885 8295 | E: breastcentre@materprivate.ie

Consultant Surgeon: **First available**  **or specify surgeon** \_\_\_\_\_

## GENERAL PRACTITIONER DETAILS

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_

Fax: \_\_\_\_\_

Referring GP Signature: \_\_\_\_\_

## PATIENT DETAILS

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_

Mobile: \_\_\_\_\_

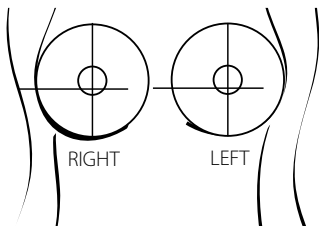
Date of Birth: \_\_\_\_\_

## PHYSICAL EXAMINATION

Breast

Axilla

Other



Presenting Complaint

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## URGENT REFERRAL

- Discrete breast or axillary lump (unilateral, distinct, separate mass in patients over 35 years)
- Ulceration
- Skin distortion
- Nipple eczema
- Recent nipple retraction or distortion (less than 3 months)
- Blood-stained nipple discharge
- Patients with acute abscess

## EARLY REFERRAL

- Inflammation persisting after antibiotics
- Persistently refilling or recurrent cyst
- Unilateral discharge (not blood-stained)
- Intractable breast pain
- Discrete lump in women under 35 years
- Asymmetrical nodularity that persists at review after menstruation

## ROUTINE REFERRAL

- A patient whom the referring doctor considers to require a specialist opinion
- Minor or moderate degrees of persistent breast pain (no discrete palpable lesion)
- Persistent bilateral nipple discharge (not blood-stained)
- Routine breast imaging
- Other

Personal history of breast cancer: No  Yes  Side \_\_\_\_\_ Year \_\_\_\_\_

Family history of breast cancer: No  Yes  Who \_\_\_\_\_

Previous mammogram: No  Yes  Where \_\_\_\_\_ Year \_\_\_\_\_

## FOR HOSPITAL USE ONLY

Date referral received: \_\_\_\_\_

Appointment date: \_\_\_\_\_