HealthCheck

Are you ready to become more proactive about your health?





HealthCheck at Mater Private Network

Medical research has shown that lifestyle is a major contributor to many common conditions including high blood pressure, coronary heart disease, diabetes and certain cancers.

An illness once established may be treatable, but a preventative approach is preferable.

Am I suitable for a HealthCheck?

- At HealthCheck we aim to identify risk factors, signs and symptoms of common conditions, which if not detected early could result in serious health issues.
- Health assessments are suitable for people over the age of 18 who are generally well and who are interested in getting more information about how to reduce the risk of future illnesses.
- If you are undergoing or have just completed medical treatment or if you are currently under the care of a doctor, it may not be the right time to do a health assessment.

HealthCheck at Mater Private Network is a physician-led service and has been providing comprehensive health screening assessments for over 30 years.



Your visit to HealthCheck should take less than 3 hours.



A complete medical report will be issued to you within two weeks of attending; this will give you an accurate snapshot of your health on the day of attendance.



Procedures and test results are reviewed and reported on by consultants with **expertise in their relevant area**, for example, cardiology, pathology, and radiology.



Appointments are available with male and female doctors.



Our Comprehensive

HealthCheck Service



Physical examination

- · Blood pressure
- · Weigh-in
- · Body mass index
- Spirometry
- · Respiratory test
- Testicular examination
- · Breast examination
- · Vision assessment
- · Hearing assessment
- · Cardiovascular evaluation
- · Joint and muscle evaluation
- · Respiratory evaluation
- Central nervous system
- · Abdominal examination



Consultation

- · Health issues and symptoms
- Medical history
- Allergy history
- Medication
- Lifestyle analysis
- · Family medical history



Other tests (included

as part of your assessment)

- · Stool analysis
- Urine analysis (diabetes, infection, kidney function)
- Electrocardiogram (resting ECG tracing of the heart)
- PSA (prostate cancer screen, for males age 40+)
- Chest X-ray (if clinically indicated)



Comprehensive blood analysis

See our website for more information.



Additional tests (if clinically indicated)

Additional tests are available if clinically indicated, including mammogram, vascular screening, stress test, DEXA scan and others. Reduced rates for certain tests may apply for HealthCheck patients. Additional appointment required. These tests may be offered in another Mater Private Dublin location.

How to **Find Us**



Free parking is available in the shared car park under the building on Level B2 – please park in spaces signed Mater Private. The car park entrance is located before the main entrance to the building, behind building 11. On Google Maps, use the Eircode D18 T3Y1 to identify the car park entrance.



Parking is available on site behind the building, to the left of the car park entrance to the building. Please only park in one of the spaces marked with a Mater Private Network sign as clamping is in operation in the area. On-street parking is also available.

Book Your Appointment Now



Visit our website
www.healthcheck.ie





Contact details

Telephone: 01 885 8257 / 885 8258 Email: healthcheck@materprivate.ie

Price: €695*

- If you have private health insurance, your plan might cover part of the cost. Contact your insurance provider for more information.
- You can claim 20% tax relief on your medical expenses tax return.**
- · Corporate rates available.
- * Price correct as at October 2023. May be subject to change after this date.
- ** Log on to www.revenue.ie for information on how to claim tax relief.



HealthCheck

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